

MAINE Mental Health Resources by County

This document is a quick reference guide to basic mental health resources by county. For a more comprehensive guide to resources, please visit namimaine.org/mhdatabase and use our extensive online mental health database.

Because some resources in this guide are referred to using words that may not be known to you, we offer the following definitions.

CRISIS SERVICES: The statewide crisis line is a 24/7 hotline for anyone who is experiencing thoughts of suicide or harm to others. If more support is needed, crisis workers refer callers to mobile crisis for crisis assessments. Crisis assessments are safety plans that connect callers to the best level of support (ex. Therapists, inpatient, crisis stabilization units, etc.)

Crisis Intervention Team (CIT) Officers: Trained CIT officers can interact with crisis situations using de-escalation techniques that improve the safety of the officer, consumer, and family members. For a list of participating CIT departments visit namimaine.org/citparticipatingdepartments.

Projects for Assistance in Transition from Homelessness (PATH): PATH outreach workers provide short-term outreach and service navigation for individuals who live with mental health conditions and/or substance use disorder and who are currently experiencing homelessness.

Overdose Prevention Through Intensive Outreach Naloxone and Safety (OPTIONS) Liaisons: OPTIONS liaisons provide short-term counseling, outreach, and harm reduction support for individuals who are at-risk of overdose. OPTIONS liaisons also provide post-overdose support and referrals.

If you can't find what you're looking for using the online database, the NAMI Maine Helpline is just a phone call away, Monday through Friday, 8:00 AM to 4:00 PM. Dial 1-800-464-5767 and press 1 for the Helpline.



A r o o s t o o k C o u n t y



Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response Program: [AMHC](#)
Call 911, ask for a trained CIT officer

Emergency Departments

[Northern Maine Medical Center](#) 194 East Main Street, Fort Kent, 207-834-3155
Northern Light AR Gould Hospital 140 Academy Street, Presque Isle, 207-786-4100

Peer Support Resources

Peer Recovery & Support Center:
Harvest Inn Peer Center 43 Hatch Drive, Caribou, 207-492-1386
NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations

AMHC: 1-800-244-6431, Madawaska, Caribou, Fort Kent, Presque Isle, and Houlton
Community Health & Counseling Services: 1-800-924-0366, Caribou, Fort Kent, and Houlton
A New Start: 207-521-5253, 22 North Street, Houlton & 24 Industrial Street Presque Isle

Intellectual/ Developmental Disabilities/ Autism

Central Aroostook Association:
207-764-0134, 21 Lombard Street, Presque Isle
Northern Maine General:
207-444-6099, Caribou and Eagle Lake 3

Substance Use Recovery & Harm Reduction

OPTIONS
Liaison: Haley Goudreau – hgoudreau@amhc.org - 207-496-9430
Maine Access Points 207-370-9445
Aroostook Recovery Center of Hope
207-254-2213, 59 Main Street, Houlton
Roads to Recovery Community Center
207-493-1278, 1 Water Street, Caribou

Shelter/ Housing

PATH: Community Health & Counseling Services 207-947-0366
Homeless Services of Aroostook – Sr. Mary O'Donnell Shelter (adults), 207-764-4125
Safe Harbor Shelter (youth), Mars Hill, 207-540-1522

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Androscoggin County



Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: [Sweetser](#)
Call 911, ask for a trained CIT officer

Emergency Departments

[St. Mary's Regional Medical Center](#) 91 Campus Avenue, Lewiston, 207-610-7331
[Central Maine Medical Center](#) 300 Main Street, Lewiston, 207-795-0111

Peer Support Resources

Peer Recovery & Support Center: [Looking Ahead Clubhouse](#), 646 Main Street, Lewiston, 207-3767-1711
NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations

[Tri-County Mental Health](#): 1155 Lisbon Street, Lewiston, 207-783-9141
[Common Ties Mental Health Services](#): 12 Bates Street, Lewiston, 207-795-6710
[Gateway Community Services](#): 124 Canal Street, Lewiston, 207-536-5999
[Spurwink](#), 64 Lisbon St. Suite 2, Lewiston, 888-889-3903

Intellectual/ Developmental Disabilities/ Autism

[ESM](#) 336 Center Street, Auburn, 207-782-2617
[Pine Tree Society](#) 589 Minot Avenue, Auburn, 207-443-3341
[Spurwink](#), 64 Lisbon St. Suite 2, Lewiston, 888-889-3903

Substance Use Recovery & Harm Reduction

[OPTIONS](#)
Liaison: Dave Bilodeau, dbilodeau@tcmhs.org
Recovery Center: [R.E.S.T Center](#) 205 Main Street, Lewiston, 207-783-7378
Harm Reduction: [Church of Safe Injection](#) 195 Main St. Lewiston
Outpatient: [Tri-County Mental Health Services](#) 1155 Lisbon Street, Lewiston, 207-783-9141

Shelter/ Housing

PATH: [Kennebec Behavioral Health](#), 207-873-5059 & 207-629-8535
[Hope Haven Gospel Mission](#) (adults), Lewiston, 207-783-6086
[St. Martin De Porres](#) (adult men), Lewiston, 207-786-4790, St. Catherine's of Sienna, (adult women), 207-241-7511
[Rural Community Action Ministry](#) (adults, families), Leeds, 207-795-4070
[New Beginnings](#) (youth), Lewiston, 207-795-4070

Cumberland County



Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: [The Opportunity Alliance](#), 207-774-4357
Call 911, ask for a trained CIT officer

Emergency Departments

[Maine Medical Center](#) 22 Bramhall Street, Portland, 207-662-1310
[Midcoast Hospital](#) 123 Medical Center Drive, Brunswick, 207-373-6600

Peer Support Resources

Peer Recovery & Support Center:
[Amistad](#) 66 State Street, 1st Floor, Portland, 207-773-1956
NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations

[Sweetser](#) 328 Bath Road, Suite 1, Brunswick, 1-800-434-3000
[The Opportunity Alliance](#) 190 Lancaster Street, Portland, 1-877-429-6884
[Spurwink](#), 901 Washington Avenue, Suite 100 Portland, 888-889-3903

Intellectual/ Developmental Disabilities/ Autism

[Morrison Center](#) 60 Chamberlain Road, Scarborough, 207-878-9663
[Woodfords Family Services](#) 15 Saunders Way, Ste. 900, Westbrook, 207-878-9663
[Spurwink](#), 901 Washington Avenue, Suite 100 Portland, 888-889-3903

Substance Use Recovery & Harm Reduction

[OPTIONS](#)
Liaison: Tom MacElhaney, tjmacelhaney@sweetser.org
[Portland Recovery Center](#) 102 Bishop Street, Portland, 207-553-2575
[Milestone Recovery](#) 65 India Street, Portland, 207-775-4790

Shelter/ Housing

PATH: [The Opportunity Alliance](#), Portland, 207-523-5059
City of Portland Family Shelter, 207-772-8339
City of Portland Oxford Street, (adults) 207-761-2072
[Preble Street](#), Portland, (adult women) Florence House 207-699-4392, Joe Kriesler Teen Shelter, 207-775-0026
[Tedford Housing](#) (adults & families) Brunswick, 207-729-1161

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Franklin County



Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: [Sweetser](#)
Call 911, ask for a trained CIT officer

Emergency Departments

[Franklin Memorial Hospital](#) 111 Franklin Health Commons, Farmington, 207-778-3556

Peer Support Resources

NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations

[Tri-County Mental Health Services](#) 144 High Street, Farmington, 207-778-3556
[Western Maine Behavioral Health](#) 284 Main Street, Suite 150, Wilton, 207-645-2913
[Franklin Health Behavioral Services](#) 111 Franklin Health Commons, Farmington, 207-778-0035
[Spurwink](#), 64 Lisbon St. Suite 2, Lewiston, 888-889-3903

Intellectual/ Developmental Disabilities/ Autism

[Leap](#) 128 Weld Road, Suite 1, Wilton, 207-778-3443
[Androscoggin Home Healthcare + Hospice](#) 284 Main St. Suite 390, Wilton, 207-645-5304
[Spurwink](#), 64 Lisbon St. Suite 2, Lewiston, 888-889-3903

Substance Use Recovery & Harm Reduction

[OPTIONS](#)
Liaison: Rebekah Mitchell, rebekahm@wmbh-me.com
[Healthy Community Coalition](#) 105 Mount Blue Circle, Farmington, 207-799-3136
[Tri-County Mental Health Services](#) 144 High Street, Farmington, 207-778-3556

Shelter/ Housing

PATH: [Kennebec Behavioral Health](#), 67 Eustis Parkway, Waterville, 207-629-8535 or 207-873-2136

H a n c o c k C o u n t y



Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: [AMHC](#)
Call 911, ask for a trained CIT officer

Emergency Departments

Mount Desert Island Hospital 10 Wayman Lane, Bar Harbor, 207-288-5081
Northern Light Blue Hill Hospital 57 Water Street, Blue Hill, 207-374-3400
Northern Light Maine Coast Hospital 50 Union Street, Ellsworth, 207-664-5311

Peer Support Resources

NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations

[AMHC](#) 710 Bucksport Road, Ellsworth, 1-800-244-6431
[Community Health and Counseling Services Maine](#) 1-800-924-0366

Intellectual/ Developmental Disabilities/ Autism

[Downeast Horizons](#) 77 Union Street, Ellsworth, 1-800-244-6431
[Community Health and Counseling Services Maine](#) 1-800-244-6431

Substance Use Recovery & Harm Reduction

[OPTIONS](#)
Liaison: Emily Colligan, CADC, ecolligan@amhc.org or 207-498-0824
[Your Place Recovery Center](#), 4 Old Mill Road Ellsworth
[Save a Life Recovery Resource Center](#), 19 VFW Street, Lincoln, 207-403-9100
[Health Equity Alliance](#) 5 Long Lane Road, Suite 1, Ellsworth, 207-667-3506

Shelter/ Housing

PATH: [Community Health and Counseling Services Maine](#)
[H.O.M.E Inc - Dorr House](#) (adult men), Orland, 207-667-3962
[H.O.M.E House Inc - Emmaus](#) (adults, families), Ellsworth, 207-667-3962
[H.O.M.E Inc - St. Francis Inn](#) (adults, families), East Orland, 207-469-7961

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Kennebec County



Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: Crisis and Counseling Centers
Call 911, ask for a trained CIT officer

Emergency Departments

MaineGeneral Health 35 Medical Center Parkway, Augusta, 207-626-1000
Northern Light Inland Hospital 200 Kennedy Memorial Drive, Waterville,
207-861-3000

Peer Support Resources

Peer Recovery & Support Centers:
Capitol Clubhouse 37 Stone Street, Augusta, 207-629-9080
Linc Wellness and Recovery Center 38 Memorial Drive, Augusta,
207-622-5736
NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily.
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations

Alternative Wellness Services 98 Western Avenue, Augusta, 207-494-8010
Crisis & Counseling Centers 10 Caldwell Road, Augusta, 207-626-3448
Kennebec Behavioral Health 11 Caldwell Road, Augusta, 207-213-2037
Spurwink, 9 Hillcrest Avenue, Randolph, 888-889-3903

Intellectual/ Developmental Disabilities/ Autism

Uplift, Inc. 25 Winter Street, Gardiner, 207-582-8021
Gallant Therapy Services 12 Shuman Avenue, Augusta, 207-623-3900
Families Matter, Inc. 28 Mayflower Road, Hallowell, 207-621-1024
Spurwink, 9 Hillcrest Avenue, Randolph, 888-889-3903

Substance Use Recovery & Harm Reduction

OPTIONS
Liaison: Dawn Kearns, dkearns@crisisandcounseling.org, 207-446-3304
Augusta Recovery Reentry Center 2 Bangor Street, Suite 2, Augusta,
207-226-3438
Crisis and Counseling Centers 207-626-3448

Shelter/ Housing

PATH: Kennebec Behavioral Health 207-629-8535 or 207-873-2136
Bread of Life Ministries (adults) 159 Water Street, Augusta, 207-626-3434
Mid-Maine Homeless Shelter and Services (adults, families) 19 Colby Street,
Waterville, 207-872-8082

Knox County



Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: [Sweetser](#)
Call 911, ask for a trained CIT officer

Emergency Departments

[Pen Bay Medical Center](#) 6 Glen Cove Drive, Rockport, 207-301-8315

Peer Support Resources

Peer Recovery & Support Centers:
[Rockland Peer Support Center](#) 12 Union Street, Rockland, 207-701-4555
NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations

[Sweetser](#) 1-800-434-3000
[Sequelcare of Maine](#) 119 Tilson Avenue, Rockland, 207-847-2273
[Crisis & Counseling Centers](#) 120 Tilson Avenue, Suite 103, Rockland, 207-213-4517

[Spurwink](#), 9 Hillcrest Avenue, Randolph, 888-889-3903

Intellectual/Developmental Disabilities/Autism

[Mobius Inc.](#) 319 Main Street, Damariscotta, 207-563-3511
[Coastal Opportunities](#) 35 Limerock Street, Camden, 207-236-6008
[Spurwink](#), 9 Hillcrest Avenue, Randolph, 888-889-3903

Substance Use Recovery & Harm Reduction

[OPTIONS](#)
Liaison: William Bucklin, wbucklin@sweetser.org
[Coastal Recovery Community Center](#) 11 White Street, Rockland, 207-691-3697
[Pen Bay Psychiatric and Addiction Recovery Center](#) 6 Glen Cove Road, Rockport, 207-301-8390

Shelter/Housing

PATH: [Crisis and Counseling Centers](#), 207-626-3448, Ext. 1124
[Knox County Homeless Coalition](#), [Hospitality House](#) Rockport, 207-593-8151

Lincoln County



Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: [Sweetser](#)
Call 911, ask for a trained CIT officer

Emergency Departments

[Lincoln Health Miles Campus Hospital](#) 35 Miles Street, Damariscotta, 207-563-1234

Peer Support Resources

Peer Recovery & Support Centers:
NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations

[Break of Day Mental Health Group](#) 18 Belvedere Road, Damariscotta, 207-882-6594
[Sweetser](#) 1-800-434-3000
[Lincoln Health](#) 24 Miles Center Way, Damariscotta, 207-701-4570
19 Saint Andrews Lane, Boothbay Harbor, 207-213-4517
[Spurwink](#), 9 Hillcrest Avenue, Randolph, 888-889-3903

Intellectual/ Developmental Disabilities/ Autism

[Mobius Inc.](#) 319 Main Street, Damariscotta, 207-563-3511
[Elmhurst, Inc.](#) 400 Centre Street, Bath, 207-443-9783
[Spurwink](#), 9 Hillcrest Avenue, Randolph, 888-889-3903

Substance Use Recovery & Harm Reduction

[OPTIONS](#)
Liaison: Sherri Talbot, stalbot@sweetser.org
[Harbor Peer & Wellness Center](#) 35 School Street, Boothbay Harbor, 207-315-6263
[Mid Coast Addiction Resource Center](#) 20 Bristol Road, Damariscotta, 1-800-244-3805

Shelter/ Housing

PATH: [Crisis and Counseling](#) 207-626-3448 Ext. 1124

Oxford County



Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: [Sweetser](#)
Call 911, ask for a trained CIT officer

Emergency Departments

[Rumford Hospital - Central Maine Healthcare](#) 420 Franklin Street, Rumford, 207-369-1000
[Stephens Memorial Hospital](#) 181 Main Street, Norway, 207-743-05933

Peer Support Resources

Peer Recovery & Support Centers: [Beacon House Peer Recovery Center](#) 150 Congress Street, Rumford, 207-364-3549
NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations

[Tri-County Mental Health](#) 1155 Lisbon Street, Lewiston, 207-783-9141
[Oxford County Mental Health Services](#) 150 Congress Street, Rumford, 207-363-3549

[Spurwink](#), 64 Lisbon St. Suite 2 Lewiston, 888-889-3903

Intellectual/ Developmental Disabilities/ Autism

[Hope Association](#) 85 Lincoln Avenue, Rumford, 207-364-4561
[The Progress Center](#) 5 Fore Street, Oxford, 207-743-8049

[Spurwink](#), 64 Lisbon St. Suite 2 Lewiston, 888-889-3903

Substance Use Recovery & Harm Reduction

[OPTIONS](#)
Liaison: Glenn Gordon, 207-357-1751 or glenn.gordon@ocmhs.org
[Larry Labonte Recovery Center](#) 412 Waldo Street, Rumford, 207-418-4983
[Crooked River Counseling](#) Bridgton, 207-647-5600, Rumford, 207-364-2100

Shelter/ Housing

PATH: [Kennebec Behavioral Health](#) 207-629-8535 or 207-873-2136
[Rumford Group Homes](#) (adults & families) Rumford, 207-743-6363
Norway Family Center (women & children) Norway, 207-743-6363

Penobscot County



Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: [Community Health and Counseling Services](#)
Call 911, ask for a trained CIT officer

Emergency Departments

[Eastern Maine Medical Center - Northern Light Health](#) 489 State Street, Bangor, 207-973-8100
[Northern Light Acadia Hospital](#) 268 Stillwater Avenue, Bangor, 207-973-6100

Peer Support Resources

Peer Recovery & Support Centers: [Together Place](#) 2 Second Street, Bangor, 207-941-2907

NAMI Support Groups – visit namimaine.org/supportgroups

NAMI Family-to-Family – visit namimaine.org/familytofamily

NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations

[Northeast Occupational Exchange](#) 68 Mt. Hope Avenue, Suite 2, Bangor, 1-800-857-0500

[Community Health and Counseling Services Maine](#) 42 Cedar Street, Bangor, 1-800-924-0366

[Higher Ground Counseling & Case Management](#) 235 Center Street, Brewer, 207-561-9496

Intellectual/ Developmental Disabilities/ Autism

[UCP of Maine](#) 700 Mt. Hope Avenue, Suite 320, Bangor, 207-941-2952

[Penquis](#) 262, Harlow Street, Bangor, 1-800-215-4942

Substance Use Recovery & Harm Reduction

[OPTIONS](#)

Liaison: Adam Perkins, aperkins@chcs-me.org

[Bangor Area Recovery Network](#) 142 Center Street, Brewer, 207-561-9444

[Wellspring, Inc.](#) 253 Hammond Street, Bangor, 207-941-1612

Shelter/ Housing

PATH: [Community Health and Counseling Services](#) 207-947-0366

[Bangor Area Homeless Shelter](#) (adults), Bangor, 207-947-0092

[PCHC Hope House](#) (adults), Bangor, 207-217-6717

[Shaw House](#) (youth), Bangor, 1-866-561-7429

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Piscataquis County



Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: [Community Health and Counseling Services](#)
Call 911, ask for a trained CIT officer

Emergency Departments

[Northern Light Mayo Hospital](#) 897 West Main Street, Dover-Foxcroft, 207-564-4260

Peer Support Resources

NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations

[Penquis](#) 50 North Street, Dover Foxcroft, 1-800-215-4942
[Community Health & Counseling](#) 1093 West Main Street, Dover-Foxcroft, 1-800-924-0366
[Northern Light Mayo Hospital-Behavioral Health](#) 891 West Main Street, Suite 400, Dover-Foxcroft, 207-564-4110

Intellectual/ Developmental Disabilities/ Autism

[Charlotte White Center](#) 572 Bangor Road, Dover-Foxcroft, 207-564-2464
[Creative Options](#) 1092 Douty Hill Road, Sangerville, 207-949-3682

Substance Use Recovery & Harm Reduction

[OPTIONS](#)
Liaison: Ashley Roberts, CADC, aroberts@chcs-me.org

Shelter/ Housing

PATH: [Community Health and Counseling](#) 207-947-0366

Sagadahoc County



Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: [Sweetser](#)
Call 911, ask for a trained CIT officer

Emergency Departments:

[Midcoast Hospital](#) 123 Medical Center Drive, Brunswick, 207-373-6600

Peer Support Resources

NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations

[Break of Day Mental Health Group](#), 18 Belvedere Road, Damariscotta, 207-882-6594

[Assistance Plus Fairfield](#), 1-800-781-0070

[Sweetser](#) 329 Bath Road, Brunswick, 1-800-434-3000

[Spurwink](#), 64 Lisbon St. Suite 2, Lewiston, 888-889-3903

Intellectual/ Developmental Disabilities/ Autism

[Independence Association](#) 3 Industrial Parkway, Brunswick, 207-725-4371

[Elmhurst Inc. Maine](#) 400 Centre Street, Bath, 207-443-9783

[Spurwink](#), 64 Lisbon St. Suite 2, Lewiston, 888-889-3903

Substance Use Recovery & Harm Reduction

OPTIONS

Liaison: Maria Beauregard, CADC, mbeauregard@sweetser.org

[Bath Recovery Community Center](#) 97 Commercial Street, Bath, 207-389-4937

Shelter/ Housing

PATH: [Community Health and Counseling Centers](#), 207-626-3448 ext. 1124

S o m e r s e t C o u n t y



Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: [Sweetser](#)
Call 911, ask for a trained CIT officer

Emergency Departments

[Redington-Fairview General Hospital](#), 46 Fairview Avenue, Skowhegan, 207-474-5121

Peer Support Resources

NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations

[Kennebec Behavioral Health](#) 5 Commerce Drive, Skowhegan, 207-4748368
[Maine Behavioral Health Organization](#) 30 Leavitt Street, Skowhegan, 888-922-4736
[Catholic Charities of Maine](#) 66 Western Avenue, Fairfield, 207-453-4368
[Spurwink](#), 9 Hillcrest Avenue, Randolph, 888-889-3903

Intellectual/ Developmental Disabilities/ Autism

[Assistance Plus](#) Fairfield, 1-800-0070
[Skills, Inc.](#) 461 Hartland Rd, Street, Albans, 207-215-6254
[Spurwink](#), 9 Hillcrest Avenue, Randolph, 888-889-3903

Substance Use Recovery & Harm Reduction

[OPTIONS](#)
Liaison: Caron Chase, cchase@crisisandcounseling.org 207-215-6254
[Crisis and Counseling Centers](#) 346 Water Street, Skowhegan, 207-626-3448

Shelter/ Housing

PATH: [Crisis and Counseling Centers](#) 207-626-3448 ext. 1124
[New Hope Shelter](#) (women & children), Solon, 207-643-6015
Trinity Shelter (adults), Skowhegan, 207-399-7538

Waldo County



Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: [Sweetser](#)
Call 911, ask for a trained CIT officer

Emergency Departments

[Waldo County General Hospital](#) 118 Northport Avenue, Belfast, 207-505-4123

Peer Support Resources

NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations

[Break of Day Mental Health Group](#) 18 Belvedere Road, Damariscotta, 207-882-6594

[Maine Behavioral Healthcare](#) 15 Midcoast Drive, Belfast, 207-338-2295

[Sequelcare of Maine](#) 321 West Main Street, Searsport, 207-847-2273

[Spurwink](#), 9 Hillcrest Avenue Randolph, 888-889-3903

Intellectual/ Developmental Disabilities/ Autism

[Mobius Inc.](#) 319 Main Street, Damariscotta, 207-563-3511

[Coastal Opportunities](#) 35 Limerock Street, Camden, 207-236-6008

[Spurwink](#), 9 Hillcrest Avenue Randolph, 888-889-3903

Substance Use Recovery & Harm Reduction

[OPTIONS](#)

Liaison: Caitlyn Dowd, LMSW-cc, cdowd@sweetser.org

[Sequelcare of Maine](#) 321 West Main Street, Searsport, 207-847-2273

Shelter/ Housing

PATH: [Crisis and Counseling Centers](#) 207-626-3448 ext. 1124

Washington County



Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: [AMHC](#)
Call 911, ask for a trained CIT officer

Emergency Departments

[Calais Community Hospital](#) 24 Hospital Lane, Calais, 207-454-7521
[Down East Community Hospital](#) 11 Hospital Drive, Machias, 207-255-3356

Peer Support Resources

Peer Recovery & Support Center: [Down East Recovery Support Centers](#), 311 Main Street, Calais, and 11 Free Street, Machias
NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations

[AMHC](#) 127 Palmer Street, Calais, and 14 Steve's Lane, Marshfield, 207-554-2352
[Regional Medical Center at Lubec](#) 43 South Lubec Road, Lubec, 207-733-5541
[Sunrise Opportunities](#) 26 Hadley Lake Road, Machias, 207-255-8596

Intellectual/ Developmental Disabilities/ Autism

[Living Innovations](#) 5 Lowell Street, Suite 2, Calaris, 207-255-3733
[Addison Point Agency](#), 312 Water Street, Addison, 207-486-6500

Substance Use Recovery & Harm Reduction

[OPTIONS](#)
Liaison: Emily Colligan, CADC, ecolligon@amhc.org, 207-498-0824
[Maine Access Points](#) 207-370-1042

Shelter/ Housing

PATH: [Community Health and Counseling](#) 207-947-0366

York County



Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: [Sweetser](#)
Call 911, ask for a trained CIT officer

Emergency Departments

Southern Maine Health Care 25 June Street, Sanford, 888-568-1112
York Hospital 15 Hospital Drive, York, 207-363-4321

Peer Support Resources

Peer Recovery & Support Center:
[Biddeford Peer Support Center](#) 15 York Street, Suite 203 Biddeford, 207-358-4414
[Sanford Peer Support Center](#) 19 Washington Street, Sanford, 207-363-4321
NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations

[Alternative Wellness Services](#) 281 Main Street, Biddeford, 207-494-8010
[Maine Health Springvale](#) 474 Main Street, Springvale, 207-324-1500
[Sweetser](#) 647 US Route 1, Suite 109, York, 1-800-434-3000
[Spurwink](#), 40 Main Street Suit 13-210 Biddeford, 888-889-3903

Intellectual/ Developmental Disabilities/ Autism

[Living Innovations](#) 238 North Street, Saco, 207-282-3311
[Great Bay Services](#) 61 Washington Street, Sanford, 207-850-1053
[Spurwink](#), 40 Main Street Suit 13-210 Biddeford, 888-889-3903

Substance Use Recovery & Harm Reduction

[OPTIONS](#)
Liaison: Alyssa Pelchat, apelchat@sweetser.org
[Maine Access Points](#) 207-370-4782
[Recovery Maine](#) 33 Main Street, North Berwick, 207-558-2111

Shelter/ Housing

PATH: [The Opportunity Alliance](#) 207-523-5059
[York County Shelter Programs](#) (adults, families) Alfred 207-324-1137
